

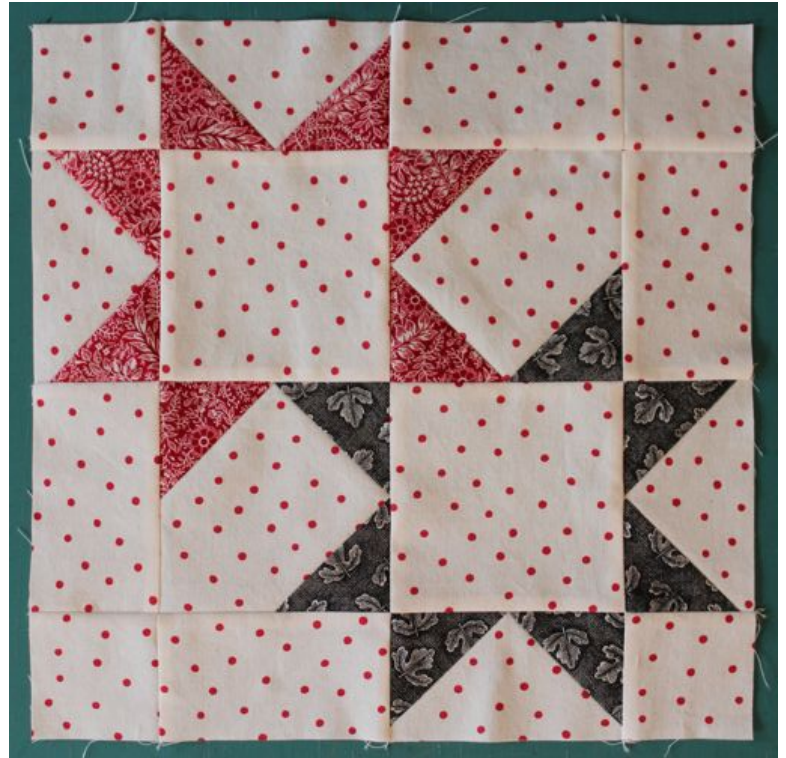
MAKE MINE A DOUBLE PLEASE

BY JOVITA'S PATCHWORK ATELIER

While I was trying to decide what block I wanted to share with you I found out we are having twins! They are due in June and we could not be more excited ... what an adventure. So somehow I just had to work that in and I came up with "Make Mine a DOUBLE Please." It's a simple block (trust me, my brain can't take much more right now) but again, true to my fashion, I have included a couple of options to make this block your own with as few or as many colors as you like. I hope you enjoy it and look forward to seeing your results!

Kind regards, Jovita

I wanted to include two *intertwined* stars in my block. It would have been easy to include two 6" stars into a 12" block but it's all about those twins. No, they are not identical but I dream about them having a bond that nobody can break.



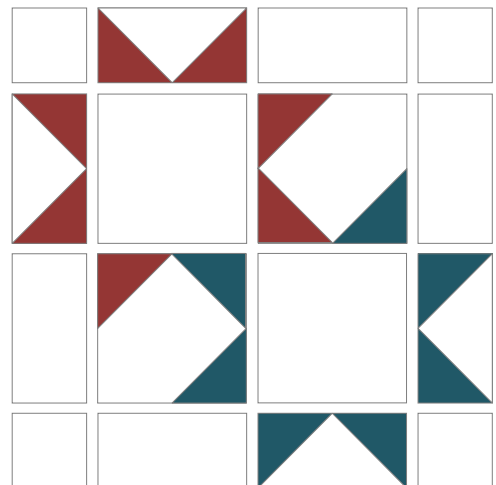
There is a lot of room to play with this block ... for example you can play with adding some simple shapes to the corners in another color. No doubt some of you will have even better ideas and I look forward to seeing your variations. I'll be drawing up a couple variations and putting them on my blog so be sure to stop by.

First let's break it down into units ... I find it's much easier to understand what I am cutting.

The block is made up of:

- Two flying geese in color 1
- Two flying geese in color 2
- Two (partial) square-in-a-square units using colors 1 and 2
- Four rectangles of background color
- Four squares of background color

I have used the "wasteful" method for all my flying geese and square-in-a-square blocks. See the last page for more info.



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Cutting:

Background ... I'd love to see you get creative here ... think about using another fabric inside the stars or in the corners or ...

A FOUR 2-1/2" squares (set aside for block assembly) – these are for the corners

B FOUR 4-1/2" SQUARES (set TWO aside for block assembly)– two will be used for inside the stars and the other two as the background of the points.

C EIGHT 4-1/2" x 2-1/2" rectangles (set FOUR aside for block assembly) – these will be used for the flying geese.

For Star 1

D SEVEN 2-1/2" squares

For Star 2

E SEVEN 2-1/2" squares

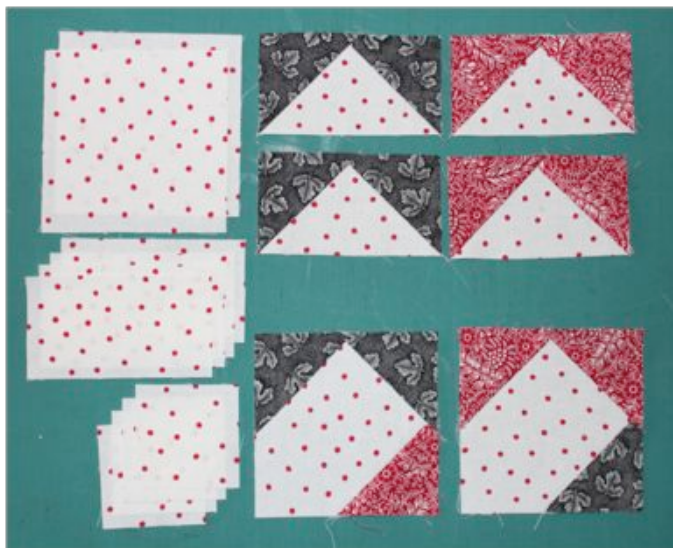


Pre-construction:

On the wrong side of each colored 2-1/2" square and with a sharp pencil mark a diagonal line exactly from corner to corner.

Hint: put a sheet of fine sandpaper underneath to keep your fabric from sliding. To protect the markings on my ruler, I applied a piece of clear packing tape to the underside and trimmed.

Use the 45 degree method to create the following pre-constructed units. For detailed instructions see the last page.



Make FOUR flying geese units - two using pieces C & D and two using pieces C & E .

Make TWO square-in-a-square units using pieces A, D & E. Pay careful attention to the 3rd corner so that the stars will intertwine.

~
Now you have
everything you need
to lay out the block!
~



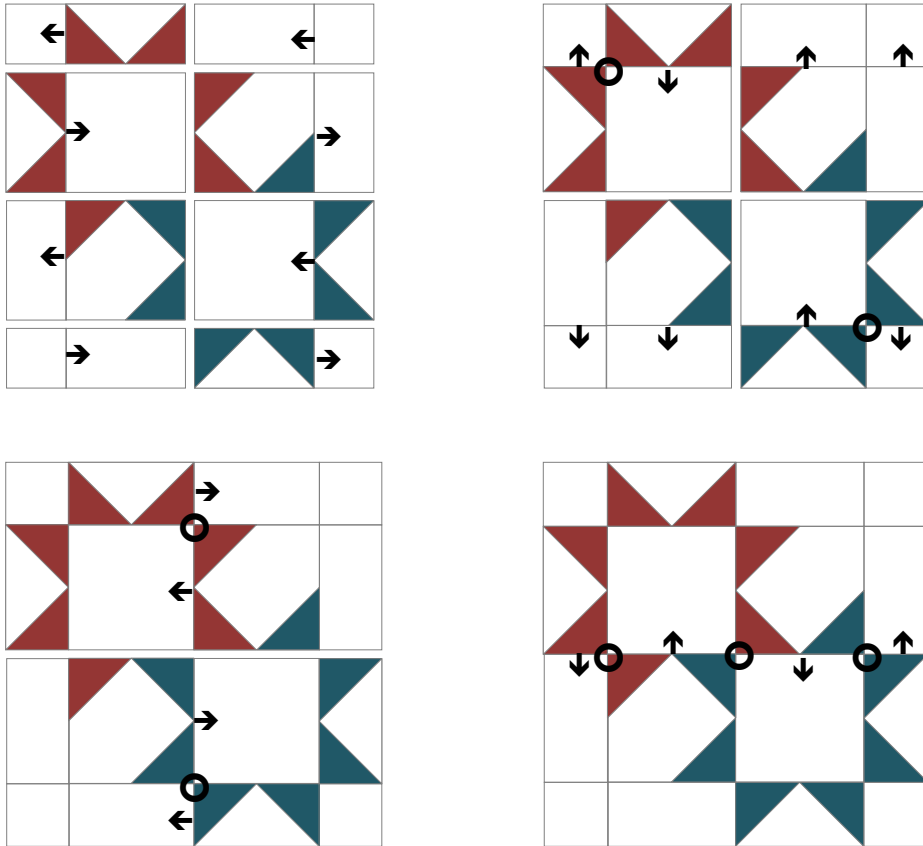
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Block Construction and Pressing:

Now you have everything you need and are ready to put your block together.

Press all seams in the direction of the arrows ← → ↑ ↓ ... see the close up photograph below to see how I dealt with the seams marked ○.



Intersecting seams marked with ○ are “swiveled.” Then the intersection is opened and pressed so that the left and right of the intersection seams can be pressed down and up according to the pressing plan. I get the best results when I press this open from the back, then turn the block over and press the adjacent seams in the right direction from the front.

I always press my blocks on the right side .. do you?



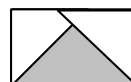
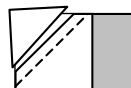
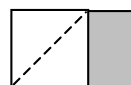
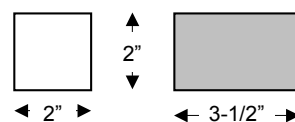
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Quick 45° Angle

Flying Geese

- ¹ Determine the footprint (finished size) of the entire goose element.
- ² (A traditional flying goose is twice as wide as he is tall.) Add seam allowances. If the finished goose should be 1-1/2" x 3", then with seam allowances you will cut 2" x 3-1/2".
(Allowing for 1/4" seam.)
- ³ Cut one rectangle to the measurements you have calculated above. Cut two squares equal to the height of the rectangle.
- ⁴ With a very sharp pencil (or white washout pen if dark fabric) draw a line exactly from corner to corner on the wrong side of each square.
- ⁵ Place the square rights sides together with the rectangle. Match edges very carefully. Stitch on the drawn line.
- ⁶ Press the square back towards the corner. Check that the corner formed by the top layer is truly square. If the corner is miss-shapen, remove the square and re-sew.
- ⁷ Open the square and trim, leaving a 1/4" seam allowance.
- ⁸ Press the corner back and repeat from step 4 on opposite corner.



Cutting Corners

The same method as described above to cut corners on any square or rectangle.

