

Fat Quarter Stars Quilt Along ~ Block One

"The Heart of the Matter"

12½" block (12" finished)

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This block is a floating 8 pointed star on point inside another 8 pointed star. The inside star is floating, so you won't lose the points. Because the inside star is on point, we have measurements like 1⅝." For beginners, this measurement looks scary, but it is a mark on your ruler. It is in between 1½" and 1¾."

Cutting Instructions:

1) Cut the background fabric into the following strips the width of the fabric:

- A) 1 -- 1⅝" strip:
 - a) Cut 4 -- 1⅝" squares
 - b) Cut 4 -- 1⅝" x 2½" rectangles
- B) 1 -- 3½" strip:
 - a) Cut 4 -- 3½" squares
 - b) Cut 4 -- 3½" x 6½" rectangles

- 2) From the (tan) fabric for the center of the inside star, cut 1 -- 2½" square.
- 3) From the (red) fabric for the inside star points, cut 8 -- 1½" squares.
- 4) From the (light blue) fabric for the setting triangles, cut 2 -- 4" squares. Cut them in half diagonally.
- 5) From the (dark blue) fabric for the large star points, cut 8 -- 3½" squares.

Sewing Instructions:

- 1) Take the 4 -- 1⅝" x 2½" rectangles and the 8 -- 1½" squares. Place one 1½" square in the corner of one 1⅝" x 2½" rectangle with right sides together as shown in **Figure A**.
- 2) Sew on the diagonal as also shown in **Figure A**. You can draw this line if you need to. The square is so small that I just eyeballed it. Notice that the square doesn't quite match up. That is how it is suppose to be. That is what makes the star "float" and your points not get lost.
- 3) Trim the seam allowance to ¼" as shown in **Figure A**. Repeat with the three other 1⅝" x 2½" rectangles and three other 1½" squares. Press open as shown in **Figure B**. This is the Stitch and Flip method.
- 4) Repeat with Stitch and Flip method with the other four squares on the adjacent corner as shown in **Figure C** to make 4 small Flying Geese Units. (Note: Figure C shows the finished Flying Geese Unit. The bottom corners will overlap to allow for the ¼" seam allowance.)

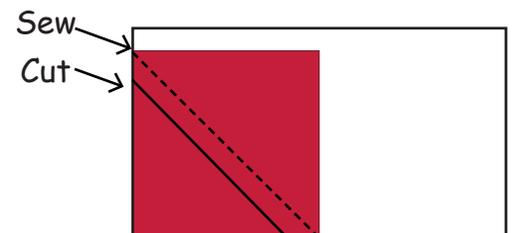
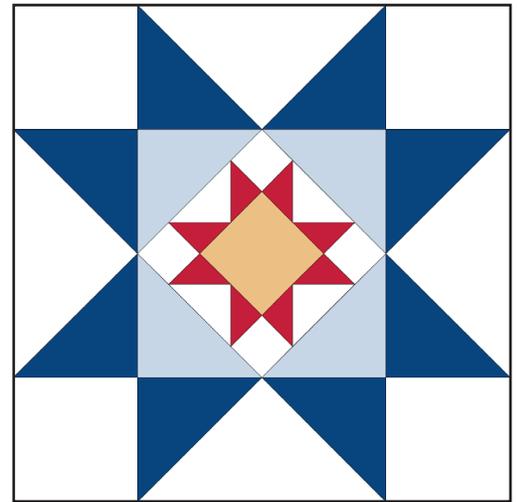


Figure A

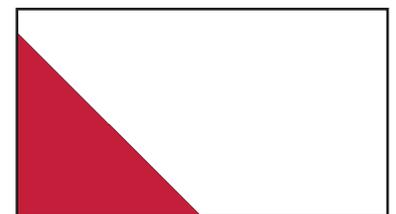


Figure B

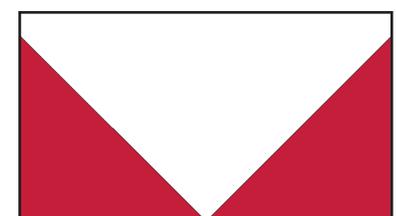


Figure C

5) Take the four Small Flying Geese Units, the 1 (tan) $2\frac{1}{2}$ " center square, the four (white) $1\frac{5}{8}$ " background squares. Assemble as shown in **Figure D**. The Small Star Unit should measure $4\frac{3}{4}$ " square.

6) Refer to **Figure E**. Take the 4 (light blue) 4" triangles. Finger press the center of the long side of a triangle and the center of one side of the Small Star. With right sides together, pin centers. The triangle will extend past the sides of the star. Sew a $\frac{1}{4}$ " seam.

7) Repeat and sew another triangle on the opposite side of the Small Star. Press.

8) Repeat to sew two more triangles on the last two opposite sides as shown in **Figure E**. Trim the Star on Point to $6\frac{1}{2}$ ". There won't be much to trim, but there will be a little to square up and make it fit with the rest of the star.

9) Take the 4 background $3\frac{1}{2}$ " x $6\frac{1}{2}$ " rectangles and the 8 (dark blue) $3\frac{1}{2}$ " star point squares. Use the Stitch and Flip method shown in **Figure A, B, and C** to make 4 Large Flying Geese Units.

10) Refer to **Figure F** to sew the block together using the 4 Large Flying Geese Units, the 4 background $3\frac{1}{2}$ " squares, and the Star on Point. The block should now measure $12\frac{1}{2}$ ".

11) Congratulations! Block Number One is finished. Now take a picture and post it, so we can all celebrate with you!

Link to Flickr group:

<http://www.flickr.com/groups/1726536@N24/>

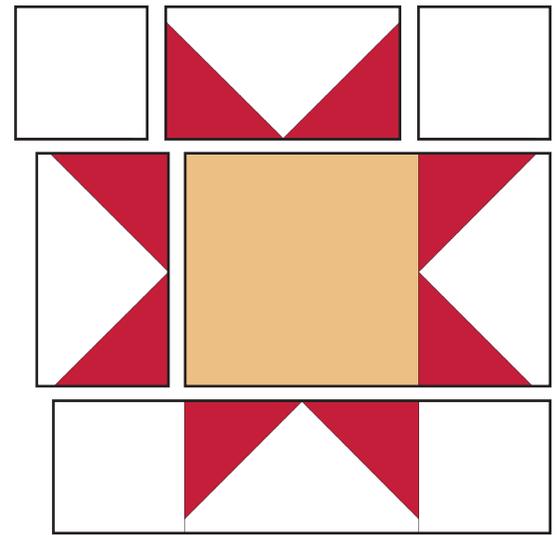


Figure D

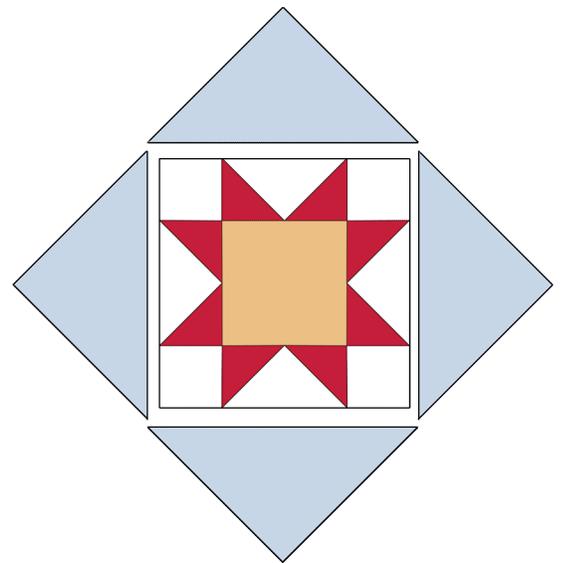


Figure E

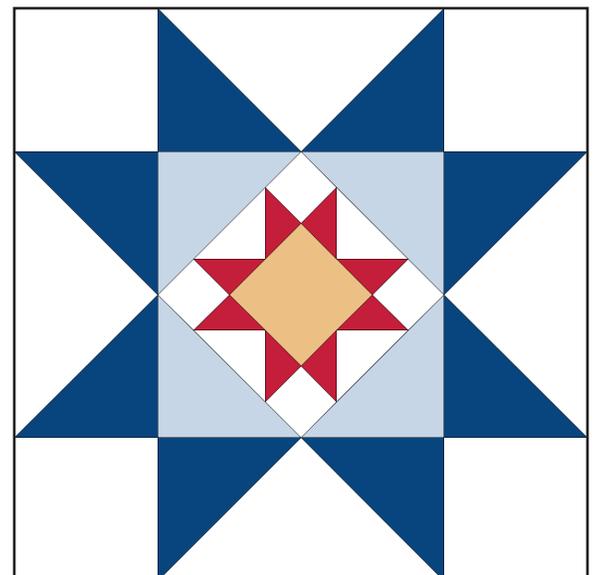


Figure F